



# SIR THOMAS BOTELER

CHURCH OF ENGLAND HIGH SCHOOL

THROUGH GOD, WE CARE

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Diocese of Liverpool



Diocese of Chester

Dear Parent/Carer,

## Academy Sport+ Programme

I'd like to welcome you to the Academy Sport+ programme at Sir Thomas Boteler Church of England High School in association with The Challenge Academy Trust. I will be organising a celebration evening for the students who are part of the programme in January / February 2023.

The aims of Academy Sport+ is to celebrate the success of our elite athletes in school, work with other organisations to provide support around Sport Psychology, nutrition and mind set and motivation. To make it to the very top it takes a team, that team is us and you. There may also be opportunities to work with professionals in the sport industry who can help mentor your athlete to continue to be part of the very best in their discipline or sport.

In the mean time, I am currently working on exciting opportunities for next calendar year and looking to improve the provision that an elite athlete receives in a school setting. We will be visiting Liverpool John Moores University to explore the world of Sport Science, outreach work from other professional bodies in sport and I am looking at organising rock climbing and team building days! **Our first event is Monday 12<sup>th</sup> December at Youth Zone in Warrington 9.30 – 13.30.** The day will be ran by TCAT PE Teachers Priestley Lecturers and cover the following areas:

- Psychology in Sport
- Fitness Testing
- Strength and Conditioning
- Rock Climbing
- Kin ball (team building)

Students must come dressed in PE kit with trainers. They will need to bring a water bottle. Students can purchase a hot meal for £1 and soft drinks are 50 pence, so please do bring a small amount of money. If your child is entitled to a free school meal we can arrange a packed lunch to be taken.

Please do send me ([cburbidge@boteler.org.uk](mailto:cburbidge@boteler.org.uk)) pictures and success stories of events and competitions that your child is involved in so that I can post them on our social media platforms and celebrate their amazing achievements.

If there is anyone who works in or knows of anyone who works in the Sport and exercise sector or involved in marketing or higher education then please do let me know. There may well be partnerships to form and opportunities to create for our young people.



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**To confirm your place on the day please send an email to [curbidge@boteler.org.uk](mailto:curbidge@boteler.org.uk) no later than Friday 9<sup>th</sup> December** including:

Student name:

Emergency contact details:

Allergies or medical information:

Eligible for free school meal and would like a packed lunch: Yes or No

Yours faithfully,

Mr C Burbidge

**Director of Sport and Performance**