

PERSONAL DEVELOPMENT

Newsletter

WELCOME TO EDITION 1 OF OUR PERSONAL DEVELOPMENT (PHSE) NEWSLETTER

SLT Lead: Mrs A Mawby Assistant Headteacher

Personal Development Lead – Mrs L Butcher

Personal Development is taught across both KS3 and 4 both within form time and curriculum time.

At key stage 3, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase. PSHE education acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media.

At key stage 4, students deepen knowledge and understanding, extend and rehearse skills, and further explore attitudes, values and attributes acquired during key stage 3. PSHE education reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.

Our Personal Development programme covers:

Health and well being
Relationships
Living in the wider world

There are also many opportunities in school which enhance our curriculum. Students can get involved with the numerous wider curricular clubs and councils.

<https://www.boteler.org.uk/bwc>

They can develop their skills as an ambassador for the school, skills which help them develop into respectful and responsible citizens. Students are able to volunteer at school events and help as prefects. In Year 9 students can sign up to develop their leadership skills and work alongside the Year 6 students.

For more information please visit our webpage: <https://www.boteler.org.uk/pd>

This term students will study:

All years groups will follow an anti-smoking and vaping campaign "INTENT".

Alongside: Year 7: Self esteem, needs and wants and budgeting.

Year 8: Consent, contraception and sexting

Year 9: Positive body image, eating disorders and CSE.

Year 10: Post 16 pathways led by Higher Horizons

Year 11: Post 16 pathways led by Higher Horizons

World Mental Health day takes place next week.

Tuesday 10th October is World Mental Health day. All students will focus on the "Get Britain Talking" campaign during tutor time on Tuesday morning. We will also have activities throughout the day. Yoga, breathing techniques, mindfulness room, school nurse drop in, wellbeing drop in and the wellbeing council will be on hand to during break and lunchtime for all students.

The Pastoral team plays a key role in supporting the whole child and their personal development. The Pastoral team includes:

- Assistant Headteacher for Personal Development
- Assistant Headteacher Behaviour and Attitudes
- Head of Year (Year 7-11)

In addition to this we also have a:

- Safeguarding and Mental Health and Wellbeing Lead
- Lead Teacher of Personal Development
- Attendance Officer
- Pastoral Support Worker
- Mental Health First Aider/Emotional Literacy Support Assistant
- Lead member of staff of Student Wellbeing Ambassadors

The Pastoral Team are suitably trained in dealing with a range of mental health and wellbeing issues. They are also the driving force around the work we do towards anti-bullying and our zero-tolerance approach to any form of discrimination. The school invests heavily in this area to ensure that we strive to meet the needs of all students 'in-house' with the understanding that, due to high number of referrals to outside agencies, access to appropriate support can often be lengthy process

The Pastoral team are able to signpost students to the appropriate in-school support and self-help resources, including Kooth and Happy OK Sad, in addition to the work carried out by form tutors and work carried out within the assembly schedule.

Future Events:

Anti bullying ambassador training

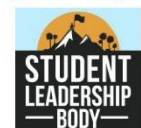
Careers fair

The Cheshire and Warrington Careers fair at the Youth Zone

Post 16 talks from employers

Year 9 Robotics day

Ways to have your say...



BOTELER UNION

STUDENT LEADERSHIP BODY

STUDENT COUNCIL



HOUSE CAPTAINS



USEFUL LINKS

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

Childline helps anyone under 19 with any issue. Childline is free, confidential and available any time, day or night.



Are you worried about online abuse or the way someone has been communicating with you online? [Make a report](#) to CEOP.



Do you think a crime has been committed? Your local police force will be able to help you.



Samaritans.org - Whatever you're going through, a Samaritan will face it with you.



Mental health services are free on the NHS. See your GP to find out about the services available to you.