







headsherald

SIR THOMAS BOTELER CHURCH OF ENGLAND HIGH SCHOOL. GRAMMAR SCHOOL ROAD. WARRINGTON. WA4 1JL 🕴 01925 636414 🕴 INFO@BOTELER.ORG.UK

VOLUME 14 DATE 21ST DECEMBER 2023

Dear Parents/Carers

As we come to the end of another busy year I just want to say a huge thank you to all our parents and carers for all their support. Your young people are amazing and it is a privilege to be Headteacher of such a wonderful school. However, we are all part of our Boteler Family and we all have an important role to play in our High Expectations, High Aspirations and High Standards, in order for us to succeed.

We have had so many fabulous events in the past week and we have really had the true spirit of Christmas as our guide. Our music students have been out to the local care homes to spread some Christmas cheer by singing for the residents. We have had our Carol Service in St Elphin's Church and our Senior Citizens Christmas Party, with Bingo and even a visit from Santa. Our Hospitality students provided all the catering - which was delicious, as of course I had to sample it! I was also delighted that our Year 10 Football Team are the Champions of Warrington as they won the final on Tuesday evening. These things do not happen by accident, they require dedication and hard work from students and staff and I could not be more proud of them all.

Please have a wonderful Christmas and New Year, although I appreciate that is may be a difficult time for some families at this time of year. You are all in our thoughts and prayers and please reach out if we can help.

Take care, enjoy the break with your loved ones and we look forward to seeing our students on Thursday 4th January 2024 at 08.20, looking smart and ready to learn.

Romans 12:10: "Love each other with genuine affection, and take delight in honouring each other."

Best wishes

Beverley Scott-Herron

Headteacher

KS3 Working At (WA) Assessments

Students will be sitting their first Working At (WA) assessment of this year in all of their subjects during assessment fortnight (**Monday 8 January – Friday 19 January 2024**). This may take the form of a test or an assessed piece of writing/practical piece of work.

Information regarding the KS3 WA Assessments, including timetables, can be found here:

https://www.boteler.org.uk/key-stage-3-assessments/

Students will be provided with revision lists (uploaded on Satchel one) giving details of the topics and content that will be tested. We are also encouraging students to take their workbooks home to revise. It is important that students look after their workbooks and check they have the correct books that are needed for the following day when packing their bags for school each evening. The expectation is that students spend time each evening preparing for the assessments. Constant revision and practice is the surest way to fully embed skills and knowledge required to secure excellent achievement at KS4.

All tests will be classroom based and undertaken under exam conditions. It is important that students are used to working in this environment so they are fully prepared for their examinations in Year 11. Students are expected to be fully prepared for all assessments with the **correct equipment** which includes:

- Pen
- Pencil
- Ruler
- Eraser
- Pencil sharpener
- Pencil case
- Scientific calculator

Year 11 Parent/Carer Information

Year 11 have completed their Mock exams earlier this month with our teaching staff now assessing and marking the papers. Teachers have been told not to release grades to students as we are having a formal **Mock Results assembly on Friday 5th January**. We will be emailing a copy of your child's mock results on Friday afternoon in advance of Year 11 Parents' evening which will be **held in school** on **Monday 8th January**, where you will be able to discuss the results with subject teachers. Booking for this parents' evening is now live on SchoolCloud. This is perhaps the **most important Parents' evening of a child's secondary education**. On return from Christmas, Year 11 students will only have 15 school weeks left until the GCSE exams begin.

When school re-opens after the Christmas break in January we will be extending the school day for our Year 11 students as we did last year with a Period 6 lesson. On a Tuesday to Thursday there will be a day dedicated to a 'Subject area' and the students will attend a study session for the dedicated subject. At the end of Period 5 the students will be brought to the canteen for refreshments before they start work again. The session will run from 15.15-16.00 Tuesday – Thursday. The Period 6 lessons will run on a two-week timetable in the same way as our normal school timetable operates. The first session starts on Tuesday 9th January and will run up until the GCSE exams are completed.

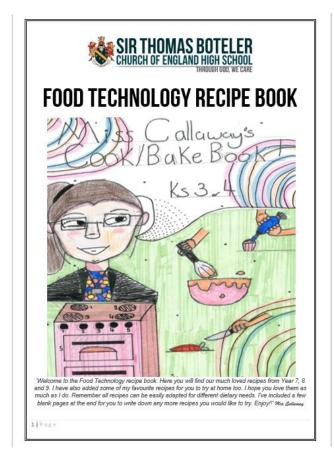
Week 1												
Tuesday	Wednesday	Thursday										
Opt A	Science	Opt B										
Fr1	H1	Geog1										
Fr2	H2	Geog2										
Sp1	H3	Geog3										
Sp2	C1	Hist 1										
Art	C2	Hist 2										
Hosp	C3	Hist 3										

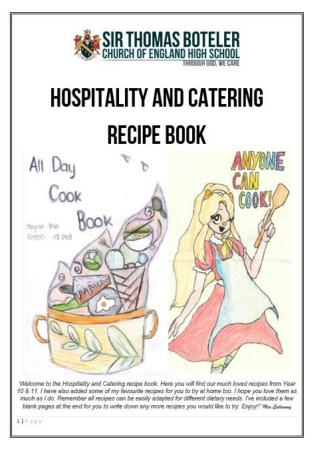
Week 2													
Tuesday	Wednesday	Thursday											
Opt C	Science	Opt D											
DT	H1	Travel T											
Graph	H2	Art											
Music	H3	DT											
Comp Sci	C1	Hosp											
Bus Ent	C2	Music											
Drama	C3	Sport											
Art													
Sport 1													
Sport 2													

Learn to cook with Food Technology and Hospitality & Catering

Welcome to the Food Technology/Hospitality and Catering recipe books. Here you will find our much loved recipes from Year 7, 8, 9, 10 and 11. I have also added some of my favourite recipes for you to try at home too. I hope you love them as much as I do. Remember all recipes can be easily adapted for different dietary needs. I've included a few blank pages at the end for you to write down any more recipes you would like to try. I held a competition between KS3 to design the front cover, it was so difficult to pick a winner from so many wonderful entries. But you have to agree, they look brilliant. The books are available to buy from Room 17.

Hospitality & Catering - £1 Food Technology - 50p Enjoy! - Mrs Callaway



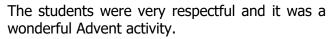


Collective Worship

Advent Service – Last week saw the worship Ambassadors deliver Advent Services to each year group. The theme of the service was **"The people who walk in darkness have seen a great light!"** Isaiah 9:2. Our readings were about light and we played games with the students to show how we rely on information and light. Our chaplain Mike, told the students about the light that arrived on Earth with the birth of Jesus Christ and how that light continues to shine in the hearts of people today through their faith and actions. Mike used flames to show the power and hope that the light of Jesus brings to our lives and the students were impressed! The service ended with a piece of dance performed by some Y9 students. It was a wonderful celebration to help us prepare for the busy and important season of Advent.



Christingle – This week, our Chaplain Mike led a Christingle Service with a volunteer from his church, Gemma. The students visited the service during their lunch and they were excited to create a Christingle, many students commenting that they had not done so since they were much younger!





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A Christingle means 'Christ Candle' and it involves lighting a candle in an orange. The orange symbolises the world. The red ribbon shows God's love for the world and the blood of Jesus.

The sweets/dried fruit represent God's creations. The four cocktail sticks can represent either the four seasons or the four corners of the world.



We are very grateful to our Chaplain Mike for leading such an interesting lunchtime activity.

The Ethos Council have been selling candy canes this week for students to send as gifts to say thank you to their friends and staff.

We have sent out over 250 candy canes as a sign of our Christian value for this term, thankfulness.

We have so much to be thankful for, even if sometimes life is difficult, the students have found ways throughout the term to show gratitude.

The Ethos council and Worship Ambassadors wish you a blessed Christmastide.



Year 9 Vaccinations

Please click on the following link to view a letter from the School Immunisations Team regarding the Td/IPV (Tetanus, Diphtheria & Polio) and MenACWY (Meningitis ACWY) for Year 9 students. https://t.lv/xppSX

If you have any questions, please contact the School-aged Immunisation Team on 01925 946808.

Carol Service

Our Carol Service was held at St Elphin's Church on Tuesday 19th December. Over 125 students performed to a full audience.

Mrs Scott-Herron performed a duet with Year 11 student Neve Boswell, and readings were given by staff and students.

It was a magical evening and we hope everyone enjoyed it.





Christmas Fayre

On Monday we held our Students' Christmas Fayre after school. The hall was packed with Christmas cheer a plenty!

There were stalls with gifts, games, raffles, face painting, books, recipe books, cakes, hot food, chocolate and crafts. £874 was raised for our school which is an amazing achievement.

We hope everyone enjoyed themselves and many thanks to our PSB group for their organisation and support.









Community Christmas Party

On Wednesday afternoon we welcomed Senior Citizens from our community to our Community Christmas Party in the Hall.

Our visitors were entertained by our students, treated to lunch prepared by our hospitality group, played bingo and won prizes in the raffle. Thank you too to the wonderful Tony Spruce for calling the bingo. A lovely afternoon was had by all and we look forward to next years' event.

















Help for Families Over the Festive Season:

Support organisations open over Christmas.

Food and pre-payment meter fuel vouchers.

Phone: **0808 278 7993** if busy or urgent, email or visit the Gateway.

Email: <u>admin@warrington.cabnet.org.uk</u>

warrington-advice.co.uk

Address: the Gateway, 89 Sankey Street, WA1 1SR

Warrington Open Door at Christmas (WODAC)

Food parcels, hot meals, warm clothing, activities and support. Transport available.

Open: 25 Dec to 1 Jan 9:30am - 3:30pm

Phone: **01925 568400**

Email: hello@wodac.org.uk

wodac.org.uk

Address: St Johns Church, Wilderspool Causeway, WA4 6QE

Community food help, open over the festive period.

warringtonva.org.uk/warrington-foodnetwork

<u>Food parcels for people who are struggling. Vouchers needed from Citizens Advice, GPs, Warrington Wellbeing. Call us how to get a voucher.</u>

Open: till 22, 27 to 29 Dec, 2 Jan

Closed: 23 - 26, 30 - 31 Dec, 1 Jan

Visit the website or call for opening times.

Phone: **01925 977630**

Email: info@warrington.foodbank.org.uk

Web: warrington.foodbank.org.uk

Address: Unit 2 Tanning Court (behind DFS, Riverside Retail), WA1 2HF

<u>Community Shop for affordable food, must be on means-tested benefit to become a</u> member.

Phone: **01925 940833**

Web: co.uk/communityshop/

Address: 8 Bewsey Park Close, Bewsey, WA5 0AN

Phone: **01925 977277**

Visit: warringtonyouthzone.org/youngpeople/sessions

<u>Emergency Support - Advice on all energy matters, vouchers, energy saving tips, financial support and grants.</u>

Phone: 01925 240064 closed 2pm 22 December - 3 January

Email: E.houghton@disabilitypartnership.org.uk

Web: disabilitypartnership.org.uk

For children on means-tested Free School Meals, a free nutritious meal and fun activities in the school holidays. For places and dates, sign up online.

Visit: warrington.gov.uk/haf

Phone: **01942 245656**

Web: unifycu.org

Web: moneyhelper.org.uk

Web: moneysavingexpert.com

Phone: **116 123**

Kooth Online counselling for children www.kooth.com

Childline 24-hour helpline for under 18s 0800 1111 www.childline.org.uk

NSPCC 24-hour child protection helpline 0800 800 5000 www.nspcc.org.uk

The Proud Trust LGBTQ+ and youth support 0161 660 3347 www.theproudtrust.org

Papyrus Suicide prevention 0800 068 4141 www.papyrus-uk.org

Worried about a child

Warrington Social Care - 01925 443322

If you believe a Crime has been committed call - 999





ADDING A LITTLE CARIBBEAN SPICE TO THE PE TEAM!

Mr Baptiste has been with us since September having successfully applied through the TCAT Initial Teacher Training programme. Let's find out a little bit more about him and his ideas, philosophy and key takeaways...

Profile



Name: Giltan Zem Baptiste

Nationality: Dual Nationality, Saint Lucian and British

Educational Background:

Bachelor of Science in Science & Football

Master of Science in Sport Coaching

UEFA B Football Coaching Licence

Favourite Sport: Football

Biggest Sporting achievement: Creating a high performance culture at University of Liverpool Women's Football First Team, which did not exist prior to me coaching them. This has helped University of Liverpool Women's Football First Team win X2 League Titles and sustain their position in the league that they currently play in, which is quite a competitive.

Current career positions: 1. Associate Teacher at Sir Thomas Boteler Church of England High School

2. Head Coach of Women's Football at University of Liverpool

Coaching or Teaching? Which one is more effective?

Although there are some similarities between coaching and teaching such as, the facilitation of tasks to help pupils to acquire knowledge, as a Football Coach and an Associate Teacher I strongly believe that teaching is more effective than coaching. Reason being, teaching is more deeply concerned with the processes involved in learning compared to coaching, which does not take the learning processes into deep consideration.

For example, a teacher is more likely to consider the amount of information given to pupils per instruction to not cognitively overload pupils' working memory. This would then clear up pupils' working memory and allow them to process each instruction given to them and therefore, increases the chances of information moving from their working memory to their long-term memory, which ultimately means that it increases their chances of learning. Conversely, a coach is perhaps more likely to give pupils instructions without consideration of the amount of information given to pupils per instruction and therefore, decreases the likelihood of effective learning for pupils.

Another instance would be that teachers possess a high awareness of the importance of scaffolding. In other words, teachers understand that pupils are at different rates of learning and can therefore give each pupil appropriate support based on their rate of learning. In contrast, a coach is probably less likely to possess the skill of scaffolding, which mean that they may find it challenging to adapt their instructional process based on the pupil's rate of learning.

To conclude, I firmly believe that teaching is more effective than coaching as teaching is more concerned with the science underpinning learning.

Top 3 pieces of advice for students to be successful.

- A. Reflect on what you like to do, this will be your passion. Research ways in which you can make your passion become your career. Once you are able to make your passion your career then I promise, you will never work a day in your life!
- B. Develop your networking skills. Networking is a skill, which requires you to develop professional connections with people who share the same career/career ambitions as yourself. You can be deliberate about networking by researching and professionally communicating with specific individuals who share the same career/ career ambitions as you. This can be done either in person or online. In regards to networking online particular websites such as, LinkedIn are a good place to start. Networking is essential as it can be the ultimate decider as to whether or not you are able to land your dream job or get into a career that you feel passionate about as if you are able to develop a professional relationship with a fellow professional then this creates potential job references, interviews and/or jobs.
- C. Passion alone is not enough you need be hardworking at what you love to make a successful career out of it. Hard-work means consistent commitment to developing your knowledge and skill necessary for the career that you are passionate about. Hard-work also means being able to accept additional responsibility in your career role. As a result of working hard you will be able to develop a firm professional reputation, which is likely to lead to more career progression and job satisfaction.

What are your career ambitions?

My short-term career ambition is to undertake my ECT (early career teacher programme) and then get a job working as a PE Teacher in a PE Department / School, which values sport where I can effectively contribute to the PE curriculum delivery and wider school life such as, extracurricular development. My long-term career ambition is to own and manage a professionally ran football academy, which will be responsible for the football and human development (I.e., morals and values) of aspiring elite level football players.

Who are your role models and why?

My father is my role model. Reason being, I would not have been able to give the majority of the above advice if it was not for my father. My father has taught me, to believe in myself, follow my passion and work hard at it. He has not merely taught me this through his words but also through his actions as throughout my life I have heard and witnessed him following his passion and working incredibly hard at it.

Best Christmas present you have ever given someone?

I gifted my nephew / Godson with a toy construction set on his first ever Christmas! Indeed, as it was his first Christmas and during a period of time where he first started to become inquisitive with typical household things such as: tools; pots; pans and brooms it made it a joyful and special moment for me to gift him with a toy set where he could channel his inquisitiveness.

What role does extracurricular sport and playing sport outside school have on student development?

Extracurricular sport as well as playing outside of school is likely to have a positive impact on pupils' skill acquisition in sport. This is because it gives pupils the opportunity to invest more time in their chosen sport(s) hence making them more likely to acquire skill in said sport(s). For example, if Person A engages in football during PE lessons, extracurricular football at school and play club football outside of school then they are more likely to invest more hours in football activities such as: play; practice and; competition compared to Person B who only plays football in PE lessons. Therefore, person A is more likely to become a more skilled football player.

To summarise, research on skill acquisition shows that people who invest more time engaging in activities in a particular sport, football, for example, will probably develop more skill in football in contrast to someone who does not spend as much time engaging in football activities.

SPORTING STARS OF THIS TERM ENJOY BREAKFAST WITH THE HEADTEACHER



Students who have represented our school at a number of sports this term were invited to enjoy breakfast with Mrs Scott-Herron and the PE Department. Your commitment and hard work for what you love doing has brought lots of success in the first half of this academic year. We are excited to see what we can achieve later this year!

DANCE EXPLOSION 2024

Students have been working on a group piece for our upcoming Dance Show in February 2024. Lunch time practises, group meetings and lots of rallying of new members by Mrs Hughes – one not to miss next year!

Mrs Graham runs the afterschool Dance Club on Thursday in the Studio. All new members welcome!



Some of our Dancers performing at our Christmas assemblies last week to portray the story of Jesus.



HIP HOP ARTIST, STREET STYLES AND BREAK DANCE SPECIALIST JACK ROBINSON...

JANUARY 2024



DANCE EXPLOSION



22nd February **2024** ★ 6pm

At Sir Thomas Boteler Church of England High School £2 per ticket Tickets available from the main school office

CHAMPIONS START TO THE DAY!

Ask yourself these questions... Do you want to train optimally? Do you want to recover efficiently? Do you want to be energised to compete and learn the best you can? Do you want improved concentration and focus? If you answered yes to any of these questions, then taking the time to eat breakfast is a **must.**

Breakfast is commonly missed due to a lack of time, a lack of appetite in the morning or even a dislike of breakfast foods. Research has proven breakfast has been linked with nutritional adequacy, body weight management, academic and physical performance. A well-balanced breakfast, focusing on complex carbohydrates (wholemeal toast or oatmeal) quality protein (eggs or yogurt) and good fats (avocado or peanut butter) will keep you feeling full and provide enough energy to enjoy school, enjoy training, rather than dragging yourself through a day that feels like a punishment.

Example breakfast ideas:

- Scrambled eggs with mashed avocado on wholemeal toast
- Granola, Greek yogurt and berries
- Whole wheat cereal with semi skimmed milk and a glass of orange juice
- Banana and peanut butter on wholemeal toast

Youth Sport Nutrition have developed a free app to help youth athletes find quick, easy, cheap, and tasty meal ideas. Click the link here: https://youthsportnutrition.com/pages/ysn-app

ACADEMY SPORT+ UPDATE

Our elite sporting programme Academy Sport+ schedule for 2023-2024 has been confirmed. This is a TCAT wide initiative aimed at supporting and developing athletes who represent in their sport or activity at Regional or National Level. Please find the dates and session focus below:

31st **January 2024**: Sport Priestley, Priestley College (The mindset of elite athletes)

12th March 2024: Warrington Wolves Padgate Training Campus (Training for excellence)

30th April 2024: Sport Priestley, Priestley College (Goal setting)

20th June 2024: Warrington Wolves Padgate Training Campus (Training for excellence)

10th July 2024: Sport Priestley, Priestley College (Team building / Fitness testing)

RESULTS AND FIXTURES

North West Counties Rugby League

Congratulations to our Year 8 and Year 10 teams who have been competing to represent Warrington in Regional Rugby League Competition, leading to National representation.

Results are in....

Year 8

Pool D												
Saints Peter and Paul	34	Vs	4	Sir Thomas Boteler								
Sir Thomas Boteler		Vs		St John Fisher								
Sir Thomas Boteler	0	Vs	38	Bedford								

Year 11

Pool D												
Sir Thomas Boteler	28	Vs	16	Canon Slade								
Wade Deacon		Vs		Sir Thomas Boteler								
St Edmund Arrowsmith	0	Vs	30	Sir Thomas Boteler								

Despite a tough set of results for Year 8, the team are determined to develop through training and be more competitive next year. As they did this year, to get to this level, they must win most, if not all their games in the Warrington League. Congratulations to all who played and competed this half term.

Year 10 Football Team

Warrington Schools' Champions for 2023!



What a season this is turning out to be! Having got through to the quarter finals of the Cheshire Cup last year, a convincing 4-1 win against local rivals Cardinal Newman Catholic High School ensures our U15 Football team have reached the last eight of the Cheshire Cup again! This team also competes in the top Division of the Warrington League and are officially Champions the 2023 season. The team clinched two crucial wins in Finals night beating Cardinal Newman on penalties and Culcheth 2-1 in normal time. Incredible effort – this team is well worth a watch!

Final standings in the Warrington Schools' Football League

Year 7 – Division 1

<u>Date</u>	<u>VENUE – Bridgewater</u>															
14 th Nov	Birch	wood	1	1	Botel	Boteler			Sankey 2			1	Bridgewater			
	Birch	wood	0	4	Sank	Sankey			Boteler 0			0	3	Bridgewater		
28th Nov	Birch	wood	0	1	Bridg	ewater		&	Boteler 0			3	Sankey			
	Birch	wood	2	0	Botel	Boteler				Sankey 0			2	Bridg	ewater	
12th Dec	Birch	wood	1	2	Sank	Sankey			Boteler			0	5	Bridgewater		
	Birch	wood	0	0	Bridg	ewater		&	Boteler			1	2	Sankey		
	<u>Birch</u>	wood		Bote	<u>eler</u>	San	<u>key</u>	Bri	<u>ridgewate</u>		<u>Pts</u>		<u>Goal</u>		Position	
									<u>r</u>				diff	<u>f</u>		
<u>Birchwo</u>			:	<u>1</u>	<u>3</u>	<u>0</u>	<u>0</u>	<u>C</u>	<u>0</u> <u>1</u>		<u>5</u>				<u>3</u>	
<u>od</u>																
<u>Boteler</u>	<u>1</u>	<u>0</u>				0	<u>0</u>	(<u>)</u>	<u>0</u>	1				<u>4</u>	
<u>Sankey</u>	<u>3</u>	<u>3</u>	5	3	<u>3</u>			3	3	<u>0</u>	<u> 15</u>				<u>1</u>	
Bridgew	<u>3</u>	<u>1</u>	5	<u>3</u>	<u>3</u>	<u>0</u>	<u>3</u>				<u>13</u>				<u>2</u>	
<u>ater</u>																

Year 8 – Division 3

Congratulations – we have been promoted and will be playing in Division 2 next year.

Date	VENUE – Beamont																
7 th Nov	Bean	nont	W	-	Kings	Kings				Padgate			0	1	Boteler		
	Bean	nont	4	2	Padg	ate		&		Kir	ngs		-	3	Botel	Boteler	
					_												
21st Nov	Bean	nont	0	2	Botel	Boteler		&		Kings		-	W	Padg	Padgate		
	Bean	nont	W	-	Kings	Kings		&		Padgate		0	2	Botel	Boteler		
5 th Dec	Bean	nont	D	D	Padg	ate		&		Kings		-	2	Botel	Boteler		
	Bean	nont	3	1	Botel	er		&		Kings		-	W	Padgate			
	Bean	nont	Ki	ings		Padga	ate		Boteler		Pts		Goal diff		Position		
Beamont			3		3	3	1		0		3	13				10	
Kings	0	0				0	0	0			0	0			•	12	
Padgate	0	1	3		3				0		0	7				11	
Boteler	3	0	3		3	3	3					15	•			9	

Year 9 – Division 3

Date	VENUE – Penketh															
14 th Nov	New	man	0	4	Penk	eth		&	Е	Boteler		1	3	Padg	ate	
	New	man	2	0	Botel	er		&	F	Penketh		3	0	Padg	Padgate	
28 th Nov	New	man	3	0	Padg	Padgate		&	F	Penketh			0	Botel	er	
	New	man	2	1	Penk	Penketh		&	Е	Boteler		2	0	Padg	Padgate	
12 th Dec	New	man	W	-	Botel	er		&	F	Penketh		W	-	Padg	Padgate	
	New	man	-	-	Padg	ate		&	F	Penketh		W	-	Boteler		
	New	man	Pe	enket	th	Botele	r	Pa	Padgate		gate Pts		Goa	al diff	Position	
Newman			0		3	3	3	3		0	12				10	
Penketh	3	0				3	3	3		3	15				9	
Boteler	0	0	0		0			0		3	3				11=	
Padgate	0	0	0		0	3	0				3				11=	

WATCH OUT FOR THE NEW EXTRA CURRICULAR PE AND SPORT TIMETABLE WHICH WILL GO LIVE WEEK COMMENCING 8TH JANUARY

BOXING BEYOND PROGRAMME



We have partnered with Warrington Youth Zone and the English Football League to deliver a 12 week Boxing and independent living skills for our Year 11 students.

This was open to all students in Year 11 and we have 15 students that have been quaranteed a place. Well done for trying something new to develop your personal skills and fitness in the New Year.

Sessions start on Monday 8th January 2024 4-6pm at Warrington Youth Zone.

OARSOME ROWERS



Fun fitness session for our Year 8 Rowing teams. They have braved the elements this term, with full crews training on the river whenever possible developing techniques and timing ready for that all important Summer Regatta!

Not forgetting the Warrington Schools' Indoor Rowing competition where our students will compete in an individual 3 minute sprint – it's all about the meters!

Some students have been smashing 750m in training and wish all of our students the very best of luck on the 24th January.



Warrington Youth Rowing Indoor Rowing Championships

Wednesday 24th January 2024 9am - 2pm Birchwood High School, WA3 7PT

PE Kit Standards

The vast majority of students come to school ready to learn for PE and thank you for your support at home to ensure students know when they need their PE kit. To help maintain high standards please ensure your child:

- Checks their timetable within their ISP every night before school
- If students have an injury that prevents physical participation, please can they bring a note
 and their PE kit as they will be expected to take on a different role (scorer, referee, coach
 etc)
- Hoodies and other sports clothing is not to be worn. If students are cold they can wear layers underneath and 'skins'.
- Blue sports socks must be worn if a student wishes to wear a skort or shorts.

THE PE DEPARTMENT WISHES EVERYONE IN OUR SCHOOL COMMUNITY A VERY HAPPY HOLIDAY.

Youth in Mind at Warrington Youth Zone Youth In Mind is a free and discrete drop-in service for young people aged 7-19 (up to 25 with additional needs) who are experiencing problems relating to their emotional wellbeing. Opening Hours Monday to Sunday 3.30pm - 7.30pm **Open 7 Days** a Week No appointment or referral is necessary. Free & **Discrete** WARRINGTON **Mersey Care**

The service is commissioned by Cheshire & Merseyside NHS as part of 'Warrington Place' Starting Well plans to support 'Children and Young Peoples Emotional and Mental Health & Wellbeing'. The project delivery is a partnership between Warrington Youth Zone and Merseycare 'Child & Adolescent Mental Health Services' (CAMHS). WYZ Charity Number: 1101086

NHS Foundation Trust





WARRINGTON

7Z

An **OnSide** Youth Zone

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DROP IN TIMES

Monday - Sunday

3.30pm - 7.30pm

A free and discrete drop-in service offering early intervention support to young people aged 7-19 (up to 25 with a disability) who are experiencing challenges with their emotional wellbeing.

No appointment or referral is necessary and young people do not have to be a Youth Zone member to access this support.

Our friendly Key Workers are here to listen, offer advice and guidance, and will introduce you to a range of wellbeing projects and mental health services at the Youth Zone, in your local community, and online.

The service is commissioned by Cheshire & Merseyside NHS as part of 'Warrington Place' Starting Well plans to support 'Children and Young People's Emotional and Mental Health & Wellbeing'.

The project delivery is a partnership between Warrington Youth Zone and Mersey Care 'Child & Adolescent Mental Health Services' (CAMHS).







Warrington Youth Zone Dallam Lane Warrington WA2 7NG



WARRINGTON

An @nSide Youth Zone

warringtonyouthzone.org









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THIS CHRISTMAS WE ARE GOING TO BE SUPPORTING FAMILIES WHO AREN'T AS FORTUNATE, MAKING SURE THAT THE MOST MAGICAL TIME OF YEAR IS FILLED WITH JOY AND FULL TUMMIES.



