

# KEEPING SAFE

# OUR SAFEGUARDING NEWSLETTER | 15<sup>th</sup> January 2024 Your Safeguarding Officer: MRS J Chilton | <u>JCHILTON@BOTELER.ORG.UK</u>

Happy new year!

Welcome to January's addition of our new Safeguarding Newsletter.

We hope all of our students, families and carers have had a safe and restful Christmas break.

Our Safeguarding Newsletter aims to provide information of upcoming events and helpful advice should you have any worries or concerns.

# A night with PC Andrew Kevan - Tuesday 30th January 17.30 in the School Hall

Welcoming all Parents/Carers to basically a 'No nonsense', frank look at what happens when children are given unfiltered access to the Internet/Social Media platforms, without strict guidelines and parental support. The presentation is supported by current legislation and statistics form convictions and child computer usage.

This is a full-on input, that pulls no punches. The input follows PC Andrew Kevan's investigation of Lloyd, a 14-year-old boy who he arrested for indecent images and cyber bullying of students in his own school. The input shows the investigation, how social media works, and how data is stored and captured indefinitely. He covers mindsets of the adolescent, and includes some psychology as to why children behave as they do online. He will close with how the students can find support, and what actions they can take to protect themselves.

PC Andrew Kevan has been completing his 1-hour Cyber Protect input to schools in Cheshire during the last 12 months and has engaged with several thousand students from the age of 10 years old upwards.

All of our students accessed a 1-hour session with Andrew last half term and feedback has been amazing. Students commented on how they learned about laws and now have more knowledge of how to keep themselves and others safe online.

We are pleased to inform you that Andrew is now available to deliver a session for our Parents/Carers, which is not to be missed. With the ever-evolving world of social media, this evening will offer parents/carers the advice and guidance on how to get help if it is ever needed.

https://forms.office.com/e/pF6QWXypWb - Book your place now





## Useful phone numbers and websites for students and parents/carers:

- Kooth Online counselling for children www.kooth.com
- Childline 24-hour helpline for under 18s 0800 1111 www.childline.org.uk
- NSPCC 24-hour child protection helpline 0800 800 5000 www.nspcc.org.uk
- The Proud Trust LGBTQ+ and youth support 0161 660 3347 www.theproudtrust.org
- Papyrus Suicide prevention 0800 068 4141 www.papyrus-uk.org
- Crime Victims Victim support 0845 303 0900 www.victimsupport.org.uk
- Crimestoppers Anonymous crime reporting 0800 555 111 www.crimestoppers-uk.org
- Runaway Helpline Parents helpline 0800 800 70 70 www.runawayhelpline.org.uk
- Samaritans 24-hour suicide prevention line 08457 90 90 90 www.samaritans.org.uk
- Stop Smoking Quitting helpline 9am-9pm 0800 00 22 00 www.quit.org.uk
- Kidscape Coping with bullying 020 7730 3300 www.kidscape.org.uk
- CALM Mental health support & suicide prevention 0800 58 58 58 www.thecalmzone.net
- Frank Drugs awareness & substance use support 0300 1236600 www.talktofrank.com
- St. Joseph's Family Centre Counselling service in Warrington 01925 635 448 www.saintjosephsfamilycentre.co.uk
- MIND Mental health issues helpline 0300 123 3393 www.mind.org.uk
- Young Minds Mental health support for children www.youngminds.org.uk
- Child Bereavement UK Child bereavement helpline 0800 028 8840 www.childbereavementuk.org
- RELATE Relationships support 0300 100 1234 www.relate.org.uk
- Winston's Wish Bereavement support for children 08088 020 021 www.winstonswish.org
- Young Minds Mental health information 0800 802 5544 www.youngminds.org.uk
- BEAT Youth Line Eating disorder helpline 0808 801 0711 www.b-eat.co.uk
- OCD UK Obsessive compulsive disorder help 0845 120 3778 www.ocduk.org
- RASASC Rape & sexual assault support 01925 221546 www.rapecentre.org.uk
- ADDvanced Solutions Parenting support for children with neurodiversity
- 01925 320863 www.addvancedsolutions.co.uk

### **Bereavement Cafes**

Bereavement organisations from the north-west are holding unique forums to help people who have lost a loved one. It is hoped the drop-in sessions will bring hope and strength to

the deceased's family and friends. Known as bereavement cafes, this supportive environment is a place where all are welcome regardless of where they live and people can speak openly without worrying about being judged. Meetings are taking place at the below locations in Warrington and the surrounding area.

- **Halton Lea Library, Runcorn Shopping City**, WA7 2PF 10.30am-11.30am, first Monday of the month.
- **The Pavilion, Alexandra Park**, Stockton Heath, WA4 2UT 9.30am-11am, second Tuesday of the month.
- Halton and St Helens VCA, St Maries Church, Lugsdale Road, Widnes, WA8 6DH -12.30pm-1.30pm, third
- **The Pavilion, Bank Park**, Warrington, WA1 1UP 10am-11.30am, last Tuesday of the month.
- **St Paul's Church, Clay Lane**, Burtonwood, WA5 2RX 10am-12noon, Every Wednesday.
- **Kings Community Centre,** Marina Avenue, Great Sankey, WA5 1JH 12noon-1.30pm, Wednesdays (term time
- **Green Acres Bereavement Group**, Rainford Park, WA11 7HX 10.30am-12.30pm, last Saturday of the month.

We have many Policies and procedures in school that are in place to keep everyone safe. These can be found on our school website for more information

### https://www.boteler.org.uk/policies/

Safeguarding is at the heart of everything we do here at Sir Thomas Boteler Church of England High School. If you have any worries or concerns please feel free to contact me directly.

Kind Regards,

Mrs Chilton **Safeguarding Officer**jchilton@boteler.org.uk