

head'sherald

SIR THOMAS BOTELER CHURCH OF ENGLAND HIGH SCHOOL, GRAMMAR SCHOOL ROAD, WARRINGTON, WA4 1JL | 01925 636414 | INFO@BOTELER.ORG.UK

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Dear Parents/Carers

As I am sat writing this to you I have 165 Year 11 students sitting their GCSE Science exam in the Ball Hall. Whilst I may be the Headteacher, it does not make me exempt from feeling nervous for every single child in my care who is sitting an exam this academic year. The nerves are there because I genuinely want the best for every young person and for them to succeed. I want the papers to be fair and for the students to feel they have tried their best. Every child is unique and will be going through their own range of emotions and anxieties and we have to be there to ensure we support them. Next week is Mental Health week and there are a full range of activities we will be doing for ALL our children around enabling them to be supported and for them to build the resilience needed for everyday life and academic life in school.

Please can you make sure that your child is on time for school and can you please have a conversation with them around their punctuality and the importance of it. I appreciate that the Warrington traffic is not always kind, however, it is really important that no learning time is lost. Please also ensure that your child is dressed appropriately. Whilst the sun may be shining (today at least), this is not an excuse to modify the uniform expectations and standards. I can assure you I am sensible and if it gets too warm then I will communicate home. However, full uniform is needed every day. If you are struggling then we have the uniform Kit Shop and we will be able to help and support.

We had our first big Transition event this week with "Meet the Headteacher". It was so lovely to meet our new students and families who will be joining us. We are oversubscribed for Year 7 2024 and are full in all Year groups which is fabulous. Every member of staff in Boteler loves what they do on a daily basis and that is because of the community we have created where we work together.

You are an essential part of our success and thank you for your continued support. Please as always if there is anything that you want to raise with me, please send me an email and I will get back to you within 48 hours.

Have a lovely weekend.



Beverley Scott-Herron
Headteacher

Warm weather

As is always the case in the UK we seemingly struggle to cope with any type of weather outside of the norm. As the mercury starts to rise this is also unfortunately the case with some of our students. It is vitally important that we ensure our students can self-manage, a key skill for life. With this in mind, on any hot day, the rules in school regarding toilets and water do not change. However, we strongly encourage students to be more prepared in terms of hydration. Students are encouraged to bring a bottle of water to school in the morning which they can refill either before school and/or at break and lunch.

Nothing trumps lesson time in terms of importance and students know that they have 15 minutes at break and 45 minutes at lunchtime to refill water bottles. Students should not come after the bell when lessons have started as they will be turned away having had ample time. Please support us in encouraging our students to be prepared.

Year 11 Exam Revision Timetable

Year 11 are now well underway with their GCSE Exams.

I would like to congratulate all our Year 11 students on their punctuality and conduct so far. They have been excellent. Please keep on encouraging your child to revise and prepare for their exams. It will be worth it on results day!

This week students have sat exams in Business Enterprise, Religious Studies Paper 1 and their first Science Exam (Biology).

The next two weeks of exams are intense. On some days, students will be sitting an exam in the morning and in the afternoon.

A reminder that our Exam/Revision Timetable is in operation which provides students with important revision sessions before they sit the exam. Students will not be authorised to go home after they have sat an exam.

Details of which exams and revision sessions are taking place next week are below:

	Date	Period One	Period Two	Period Three	Period Four	Period Five	Subjects Complete
WEEK 2	Mon 13 May	H Band – Geography/History C Band - English English Lit: Comp 1 Exam (2 Hours)	Option D	H Band – French/Spanish/ Hospitality C Band - Maths	H Band – English C Band – French/Spanish/ Art	Option C Science Revision	
	Tue 14 May	H Band – Maths C Band – English French Listening Exam (35/45 mins) French Reading Exam (35/45 mins)	H Band – Science C band - French/Spanish/ Art	Option C	Option D Ancient History: Paper 1 Exam (2 Hours) History Revision	H Band - French/Spanish/ Hospitality C Band - Maths	

Wed 15 May	H Band – Maths C Band - Science History (Medicine in Britain) Exam (1Hr 15)	H Band – English C Band – Science	H Band – RE C Band – English C Band – Maths Rev	H Band – Core PE C Band - RE Computer Science (Programming) Exam (2 Hours) H Band – Maths Rev	H Band – Geography/History C Band – Maths	
Thu 16 May	H1 – English H2/H3 – RE C Band – Science Maths Paper 1 (Non-Calculator) Exam (1Hr 30)	H Band – Science C Band – French/Spanish/ Art	Option D RE Revision	H Band – Maths C Band – Core PE Religious Studies (Themes) Exam (1Hr 45)	H Band – Science C Band – History/Geography	Religious Studies
Fri 17 May	Option C Combined Science: Chem 1 Exam (1Hr 15) Triple Science: Chem 1 Exam (1Hr 45)	H Band – Maths C Band – English	H Band – English C Band - Maths Geography Revision	H Band – Geography/History C Band – Science Geography: Paper 1 (Physical Environment) Exam (1Hr 30)	H Band – Science C Band – History/Geography	

End of Year Reward Trips

The information regarding payment for the end of year Rewards trips to Blackpool Pleasure Beach and Chester Zoo will be sent out soon. Please keep an eye on your Arbor app for this message.

Places will be allocated on a first come first serve basis, so it is really important that you book your child's place on the trip and make your payment on iPay as soon as you can if they would like to go.

Students have been informed that in order to meet the criteria to attend the trips, can we please ask that parents and carers reiterate this message to their children, so that there are no surprises come July:

- Having no attendance concerns related to unauthorised absence – pushing to achieve the school target of 96%+ attendance for half term 5 and 6
- Positive conduct points (House Points minus Negative Behaviour Points = Conduct points)
- A review of C3 and truancy incidents
- No serious incident behaviour logs e.g. suspensions

Personal Development

We are very excited to introduce our new Careers Enterprise Advisor who we will be working closely with to ensure that the careers offer is in line with what employers want and need. Please click on the link to find out a bit more about her <https://t.ly/Pttbu>

Post 16

If your child is in Year 11 please ask them to complete the attached form regarding their destinations. It is extremely important that we have this information

<https://forms.office.com/Pages/ResponsePage.aspx?id=UfNETGGEZk2RUYbSvf66ET0HfROTx-hCifusIkKRwIdUQIdaT1VJT0JHNVdTNDhGWTIzVVpMN01IUC4u>

Employment Readiness programme

Some Year 10 students will be starting their employment readiness programme next week. In their first meeting they will be gaining valuable information from Apprentices regarding their application process and their job specifications.

Priestley College are delivering their scholars programme ROAR to some of our Year 10 students. This programme develops the skills needed for college and university and takes place over 10 weeks with the students writing a university level assignment towards the end of the programme

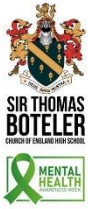
Post 16 dates for Year 10 Students

College visits:

- Warrington Vale Royal - all students Wednesday 3rd July all day
- Priestley College - all students Monday 8th July half a day
- Friday 12th July - 30 students Cronton all day

Mental Health Awareness Week

Mental Health Awareness Week begins on the 13th May and this year we are encouraging our entire school community to take part in a giant game of Wellbeing bingo.



WELLBEING BINGO

HAVE YOU CHECKED ON YOU TODAY?

Wellbeing activity can be defined in many ways, walking, running, reading, meditation, spending time with loved ones. Either on your own or with friends and family - tick off as many wellbeing activities below that you can fit into your day/week and see how they benefit your mental health. No matter how many you are able to manage, it all works towards improved mental health. Let's see who can get a full house!



Use your bingo card featuring some familiar faces, to take part in as many wellbeing activities as possible throughout the week and work toward improving your mental health. We would love to hear about what wellbeing activities you take part in and how they have gone, please feel free to talk and share these with the staff, all throughout mental health awareness week.

Let the Bingo commence!

Throughout the week we will be hosting a number of workshops and activities all about the different aspects of mental health, including a wellbeing walk hosted by our very own wellbeing ambassadors on Thursday lunch time, to promote the focus of this year's mental health awareness week: 'movement- move for your mind'.

Please take a look at the weeks schedule and we look forward to seeing you in the sessions.



MENTAL HEALTH AWARENESS WEEK 2024

13TH - 19TH MAY

WHAT'S GOING ON?

DAY:	LUNCH TIME SESSIONS:	INCLUDES:
MONDAY:	'WHAT IS MENTAL HEALTH?' WORKSHOP: (ROOM 10)	<ul style="list-style-type: none"> • Learn what is mental health and the key factors that go together to keep our minds healthy. • The science behind our brains and how it links to our thoughts, feelings, and actions.
TUESDAY:	'AFFIRMATION' WORKSHOP: (LAB 3)	<ul style="list-style-type: none"> • It's time to get creative and design your own affirmation bookmark. • Learn what are affirmations, how they support our positive self-talk and the effect this has on our mental health.
WEDNESDAY:	'ANXIETY STRATEGIES' WORKSHOP: (ROOM 10)	<ul style="list-style-type: none"> • Learn what is anxiety and the reasons we feel it. • Develop healthy strategies to support and manage those uncomfortable feelings and how to promote mental wellbeing.
THURSDAY	WELLBEING COUNCIL'S 'WELLBEING WALK: (SCHOOL FIELD) *WEATHER PERMITTED*	<ul style="list-style-type: none"> • Join the wellbeing council on our wellbeing walk to promote this year's theme of 'move for your mind'. • Reek the benefits of movement in nature for your mental health, including, stress relief, improved sleep and reducing symptoms of anxiety.
FRIDAY	'GUIDED MOVMENT MEDITATION' : (NEW GYM)	<ul style="list-style-type: none"> • Increase awareness of yourself and your surroundings, whilst improving your mindfulness skills and concentration. • Help boost your positive mood and mind-set as well as reducing feelings of worry and stress.



**MENTAL
HEALTH
AWARENESS
WEEK**
13-19 MAY 2024



This Mental Health
Awareness Week find your
#MomentsForMovement

LET'S
**MOVE MORE
FOR OUR MENTAL
HEALTH**

13-19 MAY 2024

www.mentalhealth.org.uk/mhaw  @mentalhealthfoundation  @mentalhealth



Registered Charity No. England and Wales 801130 / Scotland SC 039714 / Company Registration No. 2350848 / VAT Number GB524451857.
Registered with Fundraising Regulator.

Coping with exam stress

Exam season can be incredibly stressful for students of all ages. Kooth has published a guide which gives advice to help students cope with exam stress.

Click here for the guide: <https://t.ly/Crijj>

kooth

Coping with Exam Stress?

- Positive affirmations
- Moving your body
- Mapping out your studies
- Taking a moment
- Talking about what's on your mind
- Journaling and music
- Taking care of your needs
- Switching off
- Take a break

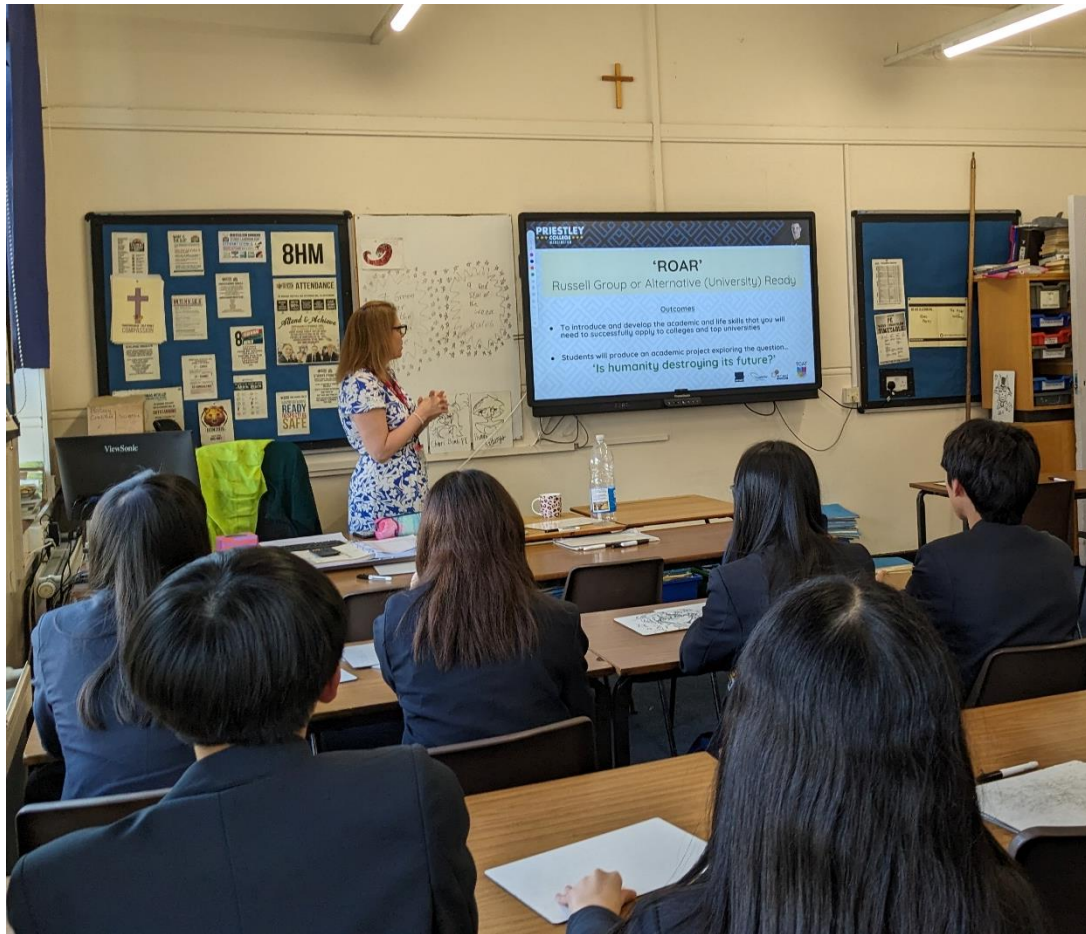
Find free, safe and anonymous mental health and wellbeing support on **Kooth.com**

ROAR Programme

The Russell group or Alternative Ready (ROAR) programme began on Thursday in partnership with Priestley College. Some of our most high attaining Year 10 students will be undertaking a university-level project discussing "Is humanity destroying its future?"

In their first session they focussed on critical thinking and debating skills, learning how to both argue their opinions and consider other people's perspectives on topics ranging from crime to Taylor Swift!

They even had to make a case as to why they shouldn't be thrown out of a falling air balloon! We're very excited to see what they produce by the end of this incredible programme.



The School of Artisan Food

Our school was lucky enough to be picked as one of a handful of schools in the country to be involved in the Best Food Forward Mapping Project in association with The School of Artisan Food.

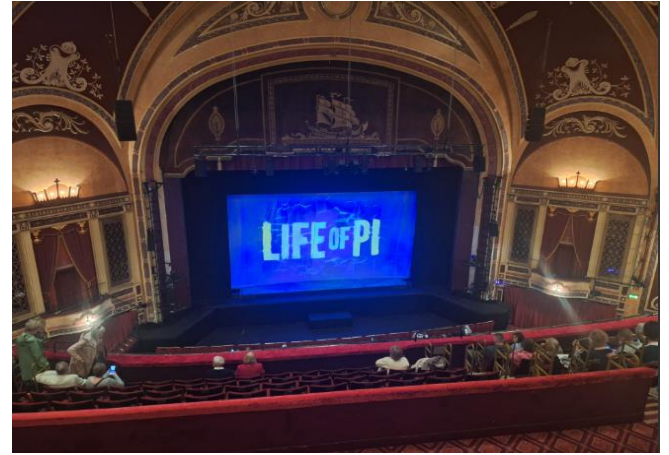
The research project involved a day long visit in which Mrs Callaway was interviewed about the current food curriculum and observed teaching a Year 8 practical. Mr Koltan and Mrs Butcher discussed food and healthy eating in the school and Personal Development curriculum. Time was also spent with four of our wonderful Year 10 Hospitality and Catering Students who shared their thoughts and opinions.

The aim of the project is to capture the 'voice of schools' and understand the current provision of food education, leading to a report and conference to be published in 2025, proposing any policy recommendations and support schools. We are honoured to be involved in such an important visit, and help influence positive change in food education. For more information please visit, <https://www.bestfoodforward.co.uk/>



Drama Department

On Wednesday 1st May 30 Students across Year 8 & 9 went to see the matinee performance 'Life of Pi' at the Liverpool Empire.



It was a visually stunning production portraying the story of Pi and her family. After deciding to sell their zoo in India and move to Canada, Santosh and Gita Patel board a freighter with their children and a few remaining animals. Tragedy strikes when a terrible storm sinks the ship, leaving Pi, as the only human survivor. However, Pi is not alone; a fearsome Bengal tiger has also found refuge aboard the lifeboat. As days turn into weeks and weeks drag into months, Pi and the tiger must learn to trust each other if both are to survive.

Harriet Anderson said, "The puppetry design for the animals was brilliant" Bea Fox was in agreement, "the puppetry was truly amazing, I was blown away with how real it seemed. Emmerson Smythe commented, "Its clever projections made you feel like you were there with Pi".

We had a great afternoon out and it was brilliant to see a production with so many talented performers and production values.





**SIR THOMAS
BOTELER**
CHURCH OF ENGLAND HIGH SCHOOL
THROUGH GOD, WE CARE

DANCE EXPLOSION

SHOWCASING A VARIETY OF YEAR GROUPS
AND DANCE STYLES FROM ACROSS
THE DECADES



2ND JULY 2024 18:00

AT SIR THOMAS BOTELER CHURCH OF ENGLAND HIGH SCHOOL

£2 PER TICKET - TICKETS AVAILABLE FROM THE MAIN SCHOOL OFFICE